

STRESS OF EXAMINATION: AN ORDEAL FOR STUDENTS

In Talk with Angela Williams
Principal at Bloomfield

Exploring the World of Art with HINA TAI"

ARE WE TOO DEPENDENT ON COMPUTERS?





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CONTENTS



Editorial Note Letter to Editor	04 05
INTERVIEWS In Talk with 'Angela Williams' Exploring the World of	06
Art with "Hina Taj"	17
TRAVEL Derawar Fort	08
COVER STORY Stress of Examination: An Ordeal for Students	10
WISE ADVICE Are We too Dependent on Computers?	14
WORLDInformal International News	16
HEALTHStay Healthy in Summer Season	18
GAMING WORLD Review on God of War	19
GADGET 5 Robotic Gadgets for Your Home & Garden	30
PAID CONTENT Kangroo Winners of American Lycetuff	23
EVENT	
"Fine Arts, Design & Multimedia Exhibition"	22
Falcon Public School Lahore Engulfs in Book Day KIPS Signed MoU with Franklin	23
Covey for "Leader in Me" University of Lahore (UOL)	24
Celebrates 8th Convocation - 2018	25
ENTERTAINMENT	
Movie Review: Ready Player One	21
Invention Story of Kit Kat	
& Oreo Cookie	20
Informal News Horoscope	26 28
1 10103COPE	40

Editorial NOTE

Discipline is an important virtue. Life without discipline is just like a ship without a rudder. It is necessary for expressing other virtues. It is absolutely essential for success in life. Discipline refers to orderliness in life which results from our adherence to certain code of conduct prepared by the learned people. It also implies our respect to physical and moral laws in our society. Without discipline, it is very difficult to lead a happy life in society. There will be indiscipline and chaos if we try to live in our own way. Both, individual and society will be in jeopardy.

We observe discipline in nature. The earth and the moon revolve around the sun in a disciplined way. As a result, night and day recur after twelve hours. We experience the cycle of seasons on the earth. Our physical existence is possible only due to a great discipline in the external nature. We grow when all the limbs and the respective capacity of different organs of our body grow in a disciplined way. Discipline can be applied in all walks of life. It is essential for us at home, for students in school and college, for players in play ground, for soldiers in battlefield. A factory with a team of disciplined workers and engineers will run smoothly and yield profit.

Discipline plays an important role in building a nation. It has good impact on the child's mind too. He passes through discipline since his childhood, becomes a civilized citizen in future. He leads a decent life. Discipline is very important in a student's life. He must obey his teachers. He must abide by the rules in school. If he violates them, he suffers a great deal in his future. A disciplined student can achieve success. Similarly, a teacher without discipline in his life cannot be an ideal teacher.

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STRESS OF EXAMINATION: AN ORDEAL FOR STUDENTS

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Hi Editor,

I love to read this magazine for thrilling experience. Your cover story "Backpack Irony: The Burden of Education" was just fabulous. Informal highlights one of the common issues that a student may face during his/her studies. There's nothing to be change in this magazine, it's just perfect, the way you're doing, keep it up.

Rabia Nadeem

Hey Informal,

It's exciting to have a new magazine each month. Each time you guys hit with the most interesting topics. I really wait for the next issue and I adore each and every section of informal, and I have a request that please add my letter to your magazine.

Ayesha Saleem

Hey Editor,

I am your regular reader and won't have enough words to explain that how informative is the content of your magazine. Your magazine is covering all stories along with interesting and informative, which is greatly beneficial for our young students.

Farwah Shahid

Hey Informal,

I adore informal, well you are doing a commendable job and to be honest, I enjoy reading your monthly magazines, I never get bored and it really helps me out in my studies and general knowledge. I must say, you choose best for your readers.

Ali Chaudhary

Hi Informal,

Your magazine is having everything that an education magazine needs. I really enjoy reading your magazine and look forward for every new issue, keep going with this good will. And please add my letter in your magazine.

Osama Butt

Hi Editor,

I feel proud to have informal in my bookshelf and I must say it's the most informative magazine with fresh contents for teens and specially students of all ages. Your cover story of this moth really highlighted the main issue faced by students of schools; it was based on strong facts and observations.

Umar Akram

Hey Editor,

Your magazine is educating people especially young's mind. The selection of topic is tremendous. It's a wonderful experience till now and waiting for the new adventure. I would love to see my letter in your magazine.

Arslan Ali

Hi Informal,

You were able to highlight some of the most important concerns which are important to be processed in the field of education in this month. I think if you guys keep on doing a job like this, then soon our society will change the way it looks and deals the field of education.

Hamza Murtaza

In Talk with

Angela Williams'

Angela Williams is one of the founders of Bloomfield Hall Schools - currently she is functional as the Principal at Bloomfield Gulberg.

Q. Please introduce yourself, tell us about your background in education and what interested you in applying for this job?

Ans. I originally came from London to Lahore in 1983 with my husband, Nadeem Qasir, author of 'Pakistan: the Political Economy since 1947'. I was Principal and English teacher at our original Jail Rd branch on the canal from 1984. In 1990 we founded Bloomfield Hall in Multan with 23 students; it now has over 4000, I am delighted to

My degree is from the University of Newcastle-upon-Tyne and I took my PGCE (Post Graduate Certificate in Education) from Sheffield University in 1975. I taught in a number of schools in the UK before coming to Pakistan.

Having worked over the years in our school in a number of different capacities - teaching A level English literature, O level language and literature, Class 7 history and English language, Class 4 language, Study Skills at our sister institution UCL, directing school and college plays - I took semi-retirement in London. I very soon found out, however, that I just was not the retirement type! I returned to Lahore to Head our Gulberg branch in 2015 and am thoroughly enjoying the experience.

Q. Principal positions require intense time-management. Give instances of how you organize your day to meet the various demands and commitments required as a school principal

Ans. Our lovely receptionist Ms Nida organises my appointments for me, fitting them around my teaching timetable and meeting schedules.

I have a once-a-week meeting with all our coordinators together to discuss whole-school matters, and fixed times to meet individual coordinators regarding their particular age-group of children.

Q. What is your philosophy of leadership? How would you lead a school-wide initiative





expected for an entire district?

Ans. Leading a school means being a teacher, I feel, not merely an administrator and Public Relations face. One needs to interact directly with the students to get the feel of the school from their perspective and to allow fellow teachers to regard one as a capable colleague, not only as The Boss.

One needs to ensure that, for any initiative to go forward successfully, one has one's team's enthusiasm and full co-operation; this can only be ensured by having good relations among team members, and an open relationship which allows for disagreement, discussion and consensus.

Q. How do you build a positive school culture or climate? Give examples of how you would do that here?

Ans. Positivity in school, I feel, emanates from the Principal's office and is inculcated within the staff members so that the children can sense the mood of the school as a happy, positive one; it's essential that teachers come to school happily, looking forward to their day with the children and with their colleagues. Teachers should be monitored and guided in such a way that there is no sense of resentment, embarrassment, nor, God forbid, humiliation.

Keeping an eye on staff relations is also conducive to a happy atmosphere: teachers who come to school to gossip about colleagues or to make catty remarks in the staff room should simply not be there. The children are given plenty of incentive to do well and to behave appropriately; we present certificates and awards for many aspects of children's development. We have zero tolerance of bullying in Bloomfield Gulberg and children are aware of the behaviour expected of them if they witness it.

Q. How do you recruit and maintain quality teachers and staff members?

Ans. Fortunately, we don't have a high turn-over rate among our staff; most have been with us for a very long time. When we do need someone new, we have a file of applicants to which we turn. Treating staff with respect and friendliness and paying them satisfactorily is the way to keep them.

O. What advice would you give to a new teacher on his or her first year?

Ans. Actors are advised, "Learn your lines and don't bump into the furniture!" In the same concise manner, one could advise teachers: "Know your subject matter and plan your lesson."

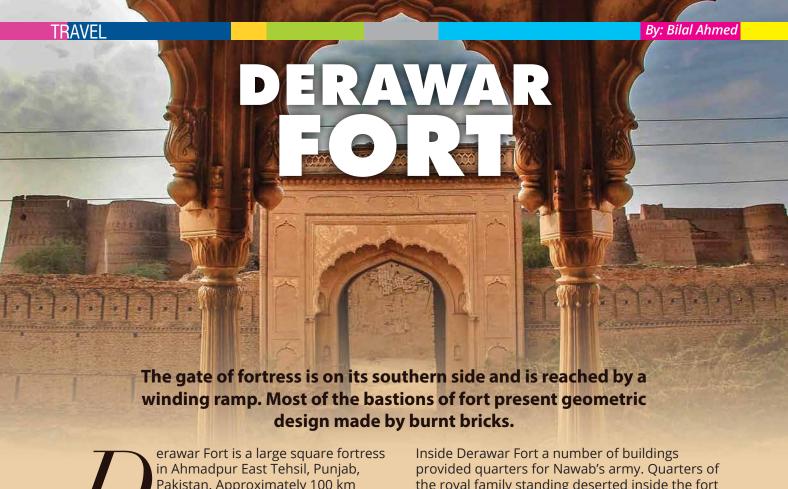
But additionally, of course, I would advise anyone wishing to enter the teaching profession not to do so unless they really like children. One's job as a teacher is a joy if one likes kids and a hell, I would imagine, if one doesn't.

Q. What advice would you give to the parents when you meet them?

Ans. Read with your children! Listen to your children! Talk to your children! And when you've done that, read with them, listen to them and talk with them some more. And when you've done that, read.....

You get the general idea.





Pakistan. Approximately 100 km south of the city of Bahawalpur, the forty bastions of Derawar are visible for many miles in the Cholistan

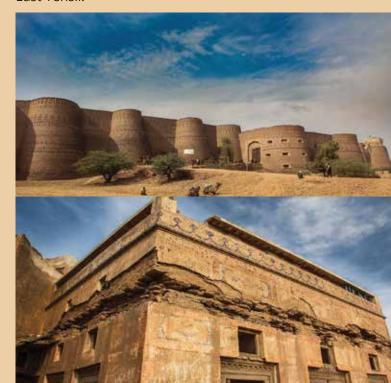
Desert. The walls have a perimeter of 1500 metres and stand up to thirty metres high. With its landmark architecture symbolizing centuries of grandeur, the Derawar Fort is a standout attraction in the Cholistan desert. The Derawar Fort was first built in the 9th century under the kingship of Rai Jajja Bhati, a Hindu Rajput from Jaisalmir in India's Rajasthan state.

Derawar Fort is located 100 kilometers (62 miles) from Bahawalpur, Pakistan. This stronghold is the largest and most magnificently sustained fortress of Cholistan. It is a square fort and each wall is 204.8 meters (672 feet) in length, vertically 30 meters (98.4 feet) high and total circumference of its walls is 1500 meters (4921.5 feet). The gate of fortress is on its southern side and is reached by a winding ramp. Most of the bastions of fort present geometric design made by burnt bricks. The strong fort standing over the semi desert is visible from miles around.

Hindu Rajput, Rai Jajja Bhati of Jaisalmer was the one who initially built a fort on this sight. The fort remained under the control of royal family of Jaisalmer until 1733 A.D, when, nawabs of Bahawalpur captured this fort. It was then completely rebuilt under the supervision of the Nawab. The fort was lost from the hands of Abbasis owing to Bahawal Khan's preoccupation at Shikarpur. In 1804 A.D, the stronghold was taken aback by Nawab Mubarik Khan.

the royal family standing deserted inside the fort are turning to dust. There are shrines of four pious Muslims near Derawar Fort. The Derawar Mosque having four minarets and three domes is exact replica of Moti Mosque at Red Fort Dehli, and was built in 1844 A.D.

Sahibzada Muhammad Gazain Abbasi, a former MPA from the area, says his family was aware of the deteriorating condition of the fort and that it was willing to collaborate with any organisation government or non-government to preserve its history. Derawar Fort is an important place for tourists. The off-road Cholistan Desert Jeep Rally or TDCP Cholistan Jeep Rally was recently established near the Derawar Fort in Ahmadpur East Tehsil.





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COVER STORY

By: Abdul Saboor

STRESS OF EXAMINATION: AN ORDEAL FOR STUDENTS

Feeling a degree of stress and nerves about exams is a completely normal reaction. Exams are an important step in your life and you want to do your best. But keep in mind that you are not alone or 'flaky' or 'weak' for feeling this way. The key is to put your exams in perspective.





for many years. College students experience high stress due to various reasons such as lack of preparation, style of their study and lack of needed information. When stress is perceived negatively or becomes excessive, it leads to anxiety before and during examinations and ultimately affects their academic achievement. Many students today feel much pressured. As a department, we are very proud of our hard working and high achieving students, but good exam results are not the only measure for being a successful student. Besides, the most important thing for your family, for you and for us is your health.

Exam stress affects most students in varying ways. It is important to manage this stress and find little ways of helping to eliminate the risk of burnout. For some students, exams can be a breeze; revision is second nature to them and they could face an exam with their eyes closed. But for others, sweaty palms and heart palpitations are just a part of the territory, and it seems that nothing is more impossible than sitting down and revising. Here are some handy tips that can help to dissipate stress and make sure you can get through exam season.

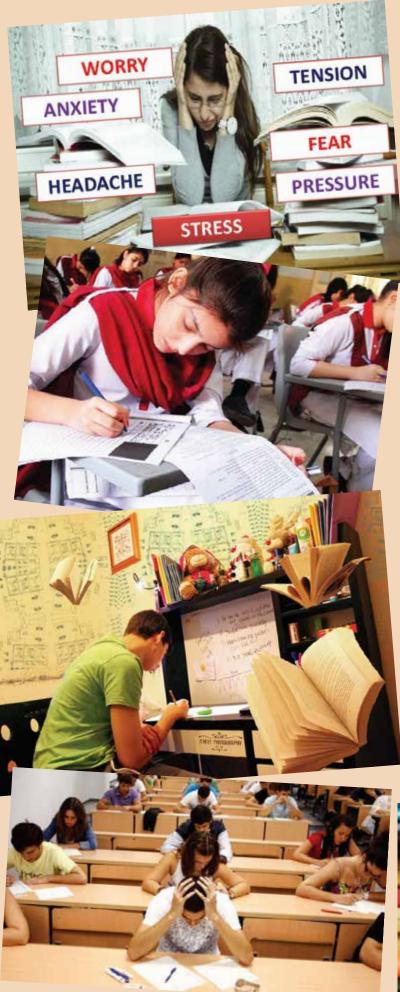
Feeling a degree of stress and nerves about exams is a completely normal reaction. Exams are an important step in your life and you want to do your best. But keep in mind that you are not alone or 'flaky' or 'weak' for feeling this way. The key is to put your exams in perspective. They are steps in your life journey and your future is unlikely to be 'wrecked' by not doing as well as you might have hoped.

Stress is a major problem humans have to deal

ignored at all. A person, varying from any age can get succumbed to extreme kind of stress. Stress is also found among students appearing for their exams and it becomes a grave problem when it can be potentially life threatening.

Our culture imposes perfection on us since a very tender age. Especially in our society, children are taught to jump in a race of mending everything right. Whether it is your grades, habits, work or relationships, you are always imposed to portray a non-typical level of perfection. It's indeed dangerous and can lead to consequences beyond one's control in the longer run. Exam stress is one example that Pakistani students continue to bear. We have an account of an 18-year-old girl from Lahore who allegedly passed away due to exam stress. Her mother came on live television to break silence over the alleged case and said that she was doing well in her studies, when she got to the higher education level her teachers started demoralizing her which was the main reason for her stress and later resulted in a misfortune. This is the misery of most of the education institutions of our country, they do not have faith in their students and in some cases it is noted that teachers also demoralize as well as look down upon their students, which is a big question to the credibility of such teachers.

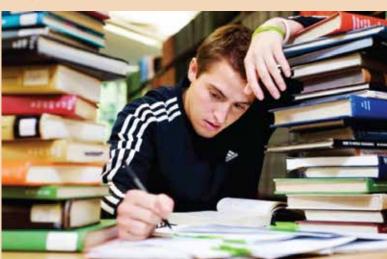
Educationalists says that increasing rate of suicide among students is because of examination stress, parental pressure and aspirations, curriculum that is beyond them and lack of teachers' competence and effective teaching and their harsh attitude. Various educationists also consider that students are constantly positioned under pressure and they feel frustrated, perturbed and thwarted when



they realize that they cannot achieve high grades in public exam which are geared toward assessing rote learning by students. The fact of the matter is that even teachers lack competence in the subject matter content and pedagogical skills to implement effective teaching and conducive an environment for students to learn effectively and comprehend the curricular material. The circumstances become more adverse and the situation becomes more frustrating when both parents as well as teachers verbally abuse and ridicule and physically abuse and punish the children.

Therefore, students need to find ways in which they should relax themselves to avoid the risk of high stress levels during examination. Even the most intense exam timetables will allow a little time for a study break. This can include 20-minute breaks during your revision day, and longer activities that you can look forward to. Go out for dinner with friends, go to the cinema, attend a gig, anything that you like doing in your spare time that will take your mind off exams. Spending a little time away from the books will leave you feeling more refreshed and relaxed the next time you revise. As well as keeping you healthy, exercise is known to boost your mood and can help to make you more productive while

As the old saying goes, "comparison is the thief of joy". While, it is helpful to discuss topics with fellow students and often to revise together, try not to compare other peoples' revision to your own. Chances are you're doing just fine, and listening to other people talk about what they've learnt will only stress you out and may make you feel like you aren't progressing as well as them. Plus, if they themselves are stressed this can rub off on to you and other people's stress is not what you need right now. If the stress gets to a point where it is overwhelming, and is affecting your day-to-day life, try and speak to someone about it. Your university or school should have a service where you can speak to people about your concerns, and will be able to offer more advice on how to manage it. The best way to fight exam stress is by having a strong faith in



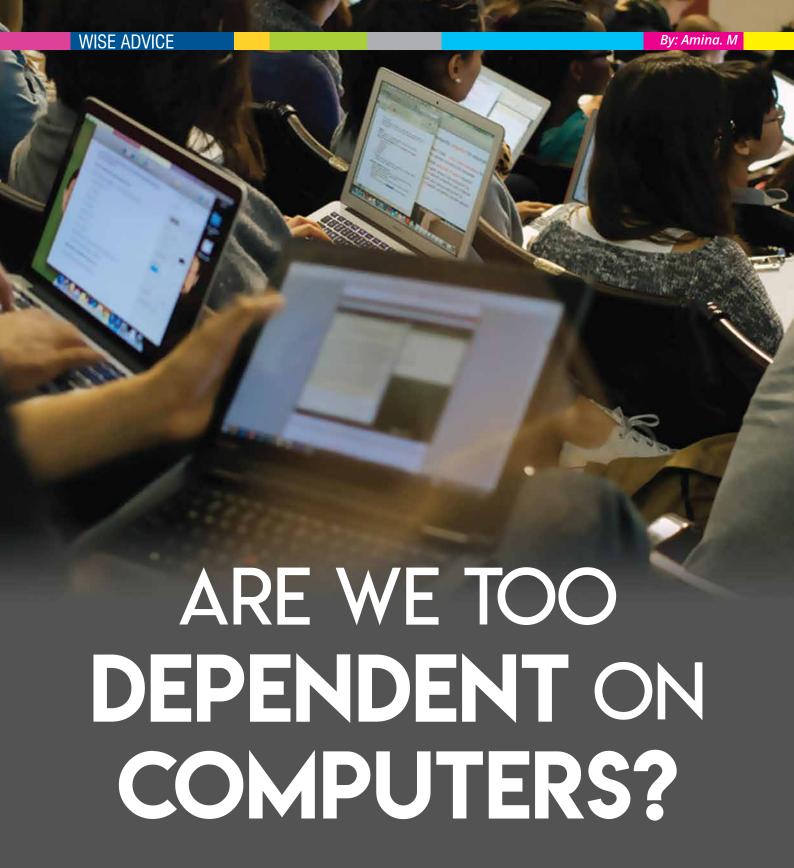












FOR EXAMPLE. THE SMART PHONE IN YOUR POCKET IS A COMPUTER: YOUR TABLET ON YOUR DESK IS A COMPUTER. THE POSSIBILITIES ARE ENDLESS, BUT DO YOU THINK OUR RELIANCE ON THESE ELECTRONICS IS GETTING A LITTLE OUT OF HAND. THE WORLD OF TODAY DEPENDS HEAVILY ON COMPUTERS AND THIS DEPENDENCE HAS BOTH POSITIVE AND NEGATIVE IMPACTS.

omputers were invented years ago, and due to their ability to be able to perform various tasks, they have been highly put to use by human beings. Computers make life easier and due to this they have

increasingly been put to use and easily found their way into the lives of people. There are various reasons that led to computers being put to maximum use by people. This is because they enable people to do their work while at home, people are able to socialize with those they have never met, and also contact friends and relatives who are living far. As humans continue to use computers, they get addicted to them, and are unable to lead lives without computers. This is because their whole lives depend and revolve around computers. This article will focus on the importance of computers and see whether we are too dependent on them.

When you first think of the word "Computer" you most likely think of a laptop or desktop Computer, but there are many other different kinds of computers. For example, the smart phone in your pocket is a computer; your tablet on your desk is a computer. The possibilities are endless, but do you think our reliance on these electronics is getting a little out of hand. The world of today depends heavily on computers and this dependence has both positive and negative impacts. Computers have many benefits, but these benefits also come with negative effects. Various arguments have risen against computers and researchers claim that computers are having negative effects on children.

The rate of illiteracy is rising than it was before because students no longer write their assignments. They use the computers to carry out research and work on their assignments instead of independent thinking. Students use the content got from websites to complete their assignments and this discourages learning. This increases the level of illiteracy because learners are deterred from thinking independently. This kills creativity because everything they do is copied.

Most people use computer instead of book. According to school research, students choose computer to do their homework. Some people believe that books are more useful than computers. However, this research indicates that children and teenagers benefit from computer more than book. Therefore, schools should purchase computer rather than compiling library because of two main reasons: students can reach any type of information without spending much time and use computer when they do their homework. Businesses today want employees who are able to use computer because all companies use computer in order to connect





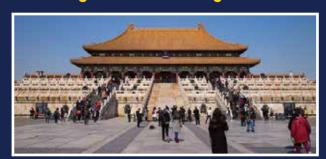
with other companies. If children learn how to use a computer in early in life, they can improve their skills from day to day.

In the future all people will be controlling their job from computer. To sum up, school has a big part of children's lives. Therefore school managers should spend money to built computer lab. They should give a change to their students to save time and learn computer. If students spend less time for their homework by using computer, they can join after school activities such as playing basketball with peer.

Cases of obsession to computers have also been on the rise. People have got used to computers, and it has reached a time they cannot do without them. Computers make life simpler; people are able to chat with others online, shop online, and even play games. All these activities can lead to obsession if a person is not careful. The cyber world is not a real world, it is important for people to associate more with the real world than the cyber world.

Record numbers studying in China, according to new MoE figures

The number of international students choosing to study in China has continued to grow, with the country attracting a record 489,200 students in 2017 and maintaining its position as Asia's most popular study destination according to Beijing's Ministry of Education. The latest inbound figures, which were released shortly after the MoE revealed a record number of Chinese students chose an overseas education during in 2017, show China maintaining double digit percentage growth. According to the statistics, degree level study represented almost half of all students, from 15% from the previous year.



NSW minister praises student entrepreneurs



A group of international students from Vietnam have been praised by the New South Wales minister for trade and industry Niall Blair for their entrepreneurial skills while setting up a company in Australia. Packsy sells welcome packs for international students pre-arrival so they have everything they need to settle into their new homes quickly. It was set up by three students from Vietnam, Rita Do, Danny Trinh and Edwin Do alongside an Australian student, Andrew Cipollone.

Russia invites students in 'unfriendly' nations back home

The Russian government has launched a plan to attract Russian students in nations seen as "unfriendly" to the Russian Federation back home. The Federal Agency for the commonwealth of independent states affairs, compatriots living abroad, and international humanitarian cooperation, or 'Rossotrudnichestvo', is understood to have made the policy in reaction to the accusations from the British government that Moscow was behind the poisoning of former spy Sergei Skripal and his daughter Yulia.



Students help out at Commonwealth Games



International students were given the opportunity to gain real-world work experience during the Commonwealth Games, held in Australia's Gold Coast in April 2018, after sports and entertainment services provider Incognitus partnered with Browns English Language School. The arrangement, which was made available to high English-proficiency students, saw over 100 Browns students working with Incognitus to provide housekeeping and maintenance services in the athletes' village throughout the two-week event. "Learning English goes well beyond classrooms," said Richard Brown, managing director and founder of Browns.

HSBC launches International Education Payment Service

HSBC has launched a mobile payment system operating on mobile app and WeChat for Chinese students studying overseas. This is the first service by a foreign bank on mainland China, HSBC said in a statement, to offer mobile tuition payment with currency conversion and transfer to major universities around the world. The system, named International Education Payment Service, enables customers to convert RMB to US dollar, British pound, Canadian dollar, Australian dollar and Hong Kong dollar using HSBC China app or WeChat banking, without visiting a bank branch.



Exploring the World of Art with "HINA

(Ex-Student of DA'ART) is currently doing BFA from PUCAD

Q. Describe yourself in a straightforward way?

Ans. I love taking photographs, Pictures I take, show who am I as a person. I am passionate about art, not only practicing it but also spreading it, appreciating it and learning it.

Q. When did you first think of becoming a designer?

Ans. From the time I was in school, I knew I wanted to be an artist when I grew up. I was repeatedly told that I could never make a living through a career in art. But you see, every industry in the world benefits from good design, so there is a need for designers in virtually any field you can imagine.

And I think being a designer has increased my thirst for learning. The more I know, the more I explore and the







thirst never quenches.

Q. What is art for you? Narrate it in your own words.

Ans. For me, art has always played some part in my life. From the moment I started drawing as a child, it helped me express how I was feeling, or ideas I couldn't quite articulate. When it comes down to actually explaining what art means to me, I cannot exactly put it into words, but all I can say is that it has an impact in my life. It is my best partner in solace and solitude.

Q. How do you stay abreast of the latest design trends?

Ans. Social media is one of the best up-to-the-minute sources of news. I am following well-known artists, designers and brands on Instagram and Facebook so I stay up-to-date with design trends.

Q. What is the role of art in our society?

Ans. Art plays an important role in our society. In this broken world, Art allows people to realize that there is still beauty. Hence, art can function to refresh people and remind people of better things or transcendent realities and also urges people to see the world from a different perspective.

Q. Tell us about the best design piece from your portfolio?

Ans. This poster is a project of basic design I've done in my design class which is called dominance. I like it the most because I've worked hard on it.







ummer implies fun and skip yet individuals here and there overlook that the singing summer sun isn't as kind on their skin as the winter beams seem to be. The extraordinary summer warm influences our body, as well as the skin as well. These issues are additionally intensified by lack of hydration, prompting electrolyte unevenness because of unreasonable sweating. This likewise 'tells' on vour skin cruelly.

In the warmer, longer, lazier days of summer, the living may not be easy, but your life probably feels less chaotic. Even adults tend to adopt a "school's out!" attitude in summer. That's why this is a perfect time to improve your health in a fashion so seasonally laid back you'll barely notice the effort.

Avoid fried food: Eating excessive fat or fried food eads to lethargy, as it slows down the digestive process. It also affects the skin, making it look unhealthy.

Reduce tea and coffee intake: Being a diuretic too much tea and coffee can cause increased urination; this leads to water loss and dryness of skin.

Dop't overeat: Eat light to feel light and healthy.

Avoid cigarettes and alcohol: Smoking and drinking, including consumption of carbonated or fizzy drinks, desiccate, or parch, your skin. Avoid.

Skip tight-fitting clothes: Tight, skin-fit clothes hamper circulation, increase sweating and cause discomfort. Loose-fitting, light-colored clothes will keep you cool all day.

Maintain good hygiene: Bathe twice daily during summers to get rid of sweat and body odor. Use prickly heat talc.

Avoid sun exposure: Between 10:00 am and 4:00 pm, it's best to stay out of the sun, since its ultraviolet rays are at their peak. Use a sunscreen lotion with SPF (sun protection factor) of 15-30 on exposed skin, half-an-hour before you step out; reapply every 4-6 hours.

For people particularly prone to heat rash, it's best to take preventive measures during summer. Alter your lifestyle during summers and avoid tanning your skin. Those whose work duties entail travelling long distances may not be able to avoid the sun, heat, humidity and pollution. Heat rash or boils could then plague their bodies. This can be brought under control by using a home-made paste of one tsp sandalwood powder, along with a little camphor and some buttermilk. A few minutes before bath, apply this preparation, preferably using cold water. The heat rash will disappear quickly.





The God of War series has, until now, stuck very close to the standards set in the original 2005 game. More than a decade (and many games) later, it makes sense that Sony would want to mix things up for the aged hack-and-slash series. Like so many popular franchises that have reinvented themselves in recent years, the new God of War dips into the well of open-world RPG tropes. It also shifts its focus to Norse mythology, casting off the iconic Greek gods and legends that provided the basis for every previous game. These major shifts don't signal the end of God of War as we know it, rather they allow the series' DNA to express itself in new ways. There are many reasons why the structural transformations are a good thing, but it's what's become of Kratos, the hulking death machine, that leaves a lasting impression. Watching Kratos take care in nurturing his child's sensibilities does feel a bit jarring at the start, but thanks to the natural writing, fitting voice actors, and flawless animation, it's easy to get sucked into the duo's journey and buy into their mutual growth. Though he is a teacher, Kratos carries a mountain of grief and self pity that only the innocence of his son can help him overcome. And Atreus experiences his own ups and downs that might have set him down a very different path if not for Kratos' guiding hand.

Atreus was raised in isolation from the dangers of the wild world around him, and rightfully fails to grasp his place in it when confronted with the realities of a land protected by and under siege from gods. And like its predecessors, God of War is a technical and artistic showcase. It is without a doubt one of the best-looking console games ever released, with every breathtaking environment and mythical character exhibiting impressive attention to detail and beautifying flourishes aplenty.

The majority of the journey is set in the realm of Midgard. At its heart lies a wide lake that you can explore by canoe, with a coastline dotted by optional puzzles, formidable opponents, and entrances to the map's primary regions. With the boy fighting by your side, firing arrows or choking unsuspecting enemies, you will team up against corrupted cave trolls, face towering beasts, and fight hundreds of intelligent supernatural warriors during your travels.

God of War's combat is already great at the start, but it gets better as it steadily introduces one new layer after another. You can absolutely stumble into incredibly punishing enemies that are made easier with adept timing and mastery of every available skill, but you can also succeed at any level so long as you've mastered the art of parrying and dodging incoming attacks. The armor that Kratos and Atreus wear can influence a range of character stats, elemental affinities, and may include slots for enchantments that grant further bonuses.

In many ways God of War is what the series has always been. It's a spectacular action game with epic set pieces, big-budget production values, and hard-hitting combat that grows more feverish and impressive as you progress.

To-THINK By: Arslan Ali

INVENTION STORY OF

ntroduced in August 29 in 1935 by Rowntree's as a confectionery business based in York, United Kingdom,

Kit Kat, now owned by Nestlé, is one of the world's leading chocolate brands. Kit Kat's products are chocolate bars which composed of three layers of wafer and covered with an inner and outer layer of chocolate, conventionally called "fingers". The size and number of Kit Kat fingers vary depending on the product design. Most popular Kit Kat bars have 1, 2, and 4 fingers in them. The name Kit Kat came from the Kit Kat club which was named after Christopher Catling who used to hold a literary and political club in his pie shop in London in 17th century. The typical red and silver colors for Kit Kat's logo has remained constant in the past, except for 1942 when the design for Kit Kat's wrapper was changed to blue to represent the change in recipe due to shortages of fresh milk. In 1949 with the increased availability of milk, Kit Kat returned to its striking red livery logo.







INVENTION STORY OF

n 1898, several baking companies merged to form the National Biscuit Company (Nabisco), the maker of Oreo cookies. By 1902, Nabisco created Barnum's Animal cookies and made them famous by selling them in a little box designed like a cage with a string attached (to hang on Christmas trees). In 1912, Nabisco had a new idea for a cookie - two chocolate disks with a crème filling in between. The first Oreo cookie looked very similar to the Oreo cookie of today, with only a slight difference in the design of the chocolate disks. The current design, however, has been around since 1952. Nabisco made sure to file for a trademark on their new cookie on March 14, 1912. The shape and design of the Oreo cookie didn't change much until Nabisco began selling various versions of the cookie. In 1975, Nabisco released their DOUBLE STUF Oreos. When the cookie was first introduced in 1912, it appeared as an Oreo Biscuit, which changed in 1921 to Oreo Sandwich. Despite the official name changes, most people have referred to the cookie simply as an "Oreo."



Summary

In the year 2045, the real world is a harsh place. The only time Wade Watts (Tye Sheridan) truly feels alive is when he escapes to the OASIS, an immersive virtual universe where most of humanity spends their days. In the OASIS, you can go anywhere, do anything, be anyone-the only limits are your own imagination. The OASIS was created by the brilliant and eccentric James Halliday (Mark Rylance), who left his immense fortune and total control of the Oasis, to the winner of a three-part contest he designed to find a worthy heir. When Wade conquers the first challenge of the reality-bending treasure hunt, he and his friends-aka the High Five-are hurled into a fantastical universe of discovery and danger to save the OASIS.

Narration

In 2045, much of Earth's population centers have become slum-like cities due to overpopulation, pollution, corruption, and climate change. To escape their desolation, people engage in the virtual reality world of the OASIS (Ontologically Anthropocentric Sensory Immersive Simulation), where they can engage in numerous activities for work, education, and entertainment. Users have discovered "Anorak's Quest" hidden within OASIS, a game created by the late James Halliday, the creator of OASIS. The first to find the Easter eggs within Anorak's Quest is promised full ownership of OASIS among other gifts. This has attracted a number of Gunters ("egg hunters") to play the game.

Wade Watts, an 18 year-old Gunter from Columbus, Ohio, lives in a slum with his aunt. In the OASIS, Wade goes by his avatar Parzival, and has partnered with Aech, a male avatar that serves as a virtual mechanic. He later befriends well-known

player Art3mis after saving her from being "zeroed out", which would wipe their avatar from the OASIS itself. Wade decides to study the virtual OASIS library to learn about Halliday's personal life in hopes of finding a hint to finish the race.

IOI takes keen interest in them, desiring to learn their real-life identities. Bounty hunter i-R0k overhears Wade tell Art3mis his real name, disclosing it to Sorrento, who approaches Wade in an attempt to convince him to join IOI to solve Anorak's Quest, but Wade refuses.

Zandor discovers the Gunter hideout and kidnaps Samantha. Meanwhile, Wade is rescued by the real-life players of Aech, Daito, and Shoto, who have taken to hiding in Aech's van; Wade learns that Aech is really a lesbian, hiding her identity from her homophobic parents. In the OASIS, they learn that IOI has erected a field blocking access to the castle, maintained by IOI and the Sixers, including Art3mis, who is being forced to work for IOI. However, for winning the Curator's bet, Wade's avatar is resurrected, and he continues the quest. Wade deduces that the goal is not to win Adventure but to find its own Easter egg. Upon doing so, he is given the last key.

Sorrento and Zandor are arrested, and IOI is heavily restructured as a company, with the indentured servitude division removed. Wade opts to share control of OASIS with the other High Five. Morrow offers to help consult on a salary of one quarter, while revealing he had been the Curator within OASIS. The High Five decide to have OASIS shut down twice a week in order to force people into spending more time in the real world, while Wade and Samantha start a romantic relationship and move in together in an apartment.

Da' Art Institute Organised "FINE ARTS, DESIGN & MULTIMEDIA EXHIBITION" It was more than just an Exhibition!

DA' ART Institute of Art & Design organized an Exhibition at DA' ART Campus on 28th April 2018 where DA' ART's Students Displayed, Fine Arts, Design & Multimedia Art Work. The Exhibition was inaugurated By "Mr. Kamran Lashari" (Director General - Walled City of Lahore). The exhibition attracted a record number of students engaging in different creative fortes and the subdivisions of "Art". Students displayed their wide range of imagination, originality and talent in the regions of fine arts, design and multimedia art work – which the spectators were amazed to see. Chief Guest for the event, Mr. Kamran Lashari (DG, Walled City of Lahore) was incalculably carried away by the stunning art work prepared by the students of DA'ART. Through their art, students creatively developed their artistic skills and expanded their knowledge and grip on art that will help them in various intellectual disciplines in future.



























Falcon Public School Lahore Engulfs in Book Day

asked to create a new story together, along with picture coloring. Overall everyone had a very enjoyable day and had





























KIPS Signed MoU with Franklin Covey for "Leader in Me" Initiative

KIPS became Pakistan's 1st ever school to teach leadership skills

"Today's school students are the leaders of tomorrow" – with this aim KIPS School Recently signed MoU with Franklin Covey for the initiative of "Leader in Me", and became Pakistan's 1st ever school to teach leadership skills through proper school transformation process. The Leader in Me is Franklin Covey's whole-school transformation process. It teaches 21st century leadership and life skills to students and creates a culture of student empowerment based on the idea that every child can be a leader. KIPS School is moving ahead with the spirit that Every Child Can Be a Leader. KIPS School does not believe in producing individuals who want to lead others, without knowing how to lead themselves. Therefore, it strives to teach students the art of leading themselves before learning to lead the world. To help students achieve this goal, KIPS School, in collaboration with THE LEADER IN ME (by Franklin Covey Education), is providing them a great opportunity to prepare themselves as Future Leaders. Franklin Covey is the world leader in helping organizations achieve results that require lasting changes in human behavior, often the most difficult challenge any organization faces. When accomplished, it is also the most durable competitive advantage. Franklin Covey's ultimate aim is to deliver not just incremental, but transformational results. Franklin's expanding reach now extends to more than 150 countries, with over 2,000 associates working toward the common mission of enabling greatness in people and organizations everywhere.



University of Lahore (UOL) Celebrates 8th Convocation - 2018

University of Lahore (UOL) Celebrates 8th Convocation in which degrees, gold medals and awards were conferred upon as many as 6000+ graduates in the 8th UOL Convocation held at the Main campus of the University of Lahore. The ceremony was marked with deep appreciation from teachers, parents, and friends, high motivation by the Mr. Awais Raoof (Chairman BOG-UOL), Mr. M.A Raoof (Patron IET), Prof. Dr. Mujahid Kamran (Rector-UOL), Brig(R) Mr. Ajaib (Member BOG) catching eye of the corporate sector, patronage by the Chancellor and best wishes for the future. The number of UOL alumni after this convocation has reached 27,000+ with 37,500+ existing students. Total 6103 graduate consisting 3094 Bachelors, 1626 Masters, 1367 Postgraduate and 16 PhDs were awarded to the students of UOL's different schools and institutes. 188 Gold Medals Awards for Exceptional Academic Excellence and prizes were given to the toppers this year.

In his inaugural speech, Chairman BOG UOL Mr. Awais Raoof welcomed the guests and congratulated the graduates and their parents. He said that UOL had started its journey of knowledge in 1999 and today it has made a name for itself because of its groundbreaking research and quality education. Provincial Minister of Higher Education Punjab Mr. Raza Ali Gilani while addressing the Convocation congratulated all graduates and their parents. He said UOL is one of the finest institutions that were building positive image of the country. The 8th UOL Convocation was attended by graduating students, their parents, teachers, and staff and faculty members. Besides, University Registrar Mr. Karam Elahi, Controller Examination Mr. Asim Ali, deans and directors were seated at the stage.



Hult Organizes 5 Semi-Finals across Pakistan

Hult Prize is World's Largest Engine for Social Good and is dubbed as a Nobel Prize for Students. Hult Prize is a Million Dollar Social entrepreneurship challenge present in 120+ countries and 1000+ Universities across the globe. Leading Social Entrepreneurs, Startup Mentors, and Professionals judged student teams for "Disruptive, Scalable and Sustainable Business Ideas" in five Semi-Finals. Top-2 teams from each Semi-Final have moved into next stage of the competition. Grand Final for Rs. 5,000,000 National Prize will be organized on 12th May in Islamabad.



Education Budget for Fiscal Year 2018-19 Announced

The government has announced the budget for education in Pakistan and it continues to be an area not being given enough focus. According to the budget documents Rs 111.23 billion has also been earmarked for Higher Education Commission (HEC) including Rs 46.23 billion under the Public Sector Development Program (PSDP) and Rs 65 billion for recurrent budget for next fiscal year as compared to Rs 95.8 billion including Rs 35.6 billion under the PSDP and Rs60.2 billion for recurrent budget for the current fiscal year.



Pakistan Has the 2nd Most Out of School Children in the World



UNESCO's education specialist has revealed shocking numbers about out-of-school children in Punjab. More than 9 million children are out of schools in Punjab, which is Pakistan's biggest province in terms of population. Out of those 9.2 million children, about 5.03 million of them are girls and the remaining 4.17 million are boys. Instead of ensuring that their future is secured, the government has prioritized spending money on Metro Bus and Orange Line projects instead.

PHEC signs MoU with UoG for International Split PhD Program



The Punjab Higher Education Commission (PHEC) signed a Memorandum of Understanding (MoU) with the University of Gujrat for International Split PhD Scholarship Program as a part of its pilot project. The signing ceremony took place at the PHEC Secretariat, Arfa Software Technology Park in Lahore. The Chairperson PHEC Prof. Dr. Mohammad Nizamuddin and Vice Chancellor UoG Prof. Dr. Zia ul Qayyoum signed the agreement. Senior officers from the organizations including, Ms. Zia Batool, Mr. Musa Hassan, Dr. Fouzia Magsood, and Dr. Farish Ullah Yousafzai were also present at the ceremony.

TEVTA and Oracle to Provide Training to 45,000 Students in Punjab

The Technical Education and Vocational Training Authority (TEVTA) and Oracle Academy Tuesday signed an agreement to integrate Oracle Academy programs at 150 institutions across Punjab to train 45,000 students. Over the next three years, the agreement will also facilitate the training of 150 TEVTA master trainers for this program, and provide the curriculum and required software for the offered courses under this agreement. Chairman TEVTA Irfan Qaiser Sheikh, and Country Head Oracle Pakistan and Afghanistan, Syed Azam Abidi was also present.



Zong 4G Educates Students on Digital Innovation

Zong 4G, opened the doors of its headquarters for a delegation from Roots Millennium School. Under its 'New Hope' employee volunteer program, Zong 4G has been bridging the digital divide to make a meaningful impact on the wider community and contribute towards its commitment of a more digitalized Pakistan. Some of the school's brightest students were invited for a visit of CM Pak. They got to see the tour of the CM Pak headquarters.



Pakistan's First School for Transgender Community to Open in Lahore

Country's first ever school for transgender was inaugurated in Lahore. The school will be called "The Gender Guardian." It has started its operations from 15th April 2018. The school was founded by Asif Shahzad and the Exploring Future Foundation. According to Asif, about 15 faculty members (including three from the transgender community) will serve at the school initially. Furthermore, two other branches of the same institution will be opened in Karachi and Islamabad in the coming days.



Careem Launches Educational Program for its Captains' Children



Careem aspires to play a role in improving as many lives as it can, especially of those working with Careem closely: the captains. Careem looks to help them provide a better living for their family members; an essential element of which is education. In an initiative to make education more accessible to the captains' children, Careem has partnered with seven schools across Karachi, totaling 19 branches, where Careem Captains can induct their children at substantially discounted prices.

Public Spending on Education Sector Declines



Public Expenditure on education has decreased – as a percentage of GDP it is estimated to be 2.2 percent in the fiscal year 2017 as compared to 2.3 percent of GDP in the fiscal year 2016 while literacy rate declined from 60 percent to 58 percent, revealed the Economic Survey 2017-18. The data shows that literacy remains much higher in urban areas (74 percent) than in rural areas (49 percent) with male (81 percent) and female (68 percent) in urban areas. Punjab and Sindh lead with 62 percent and 55 percent literacy rates respectively, followed by KPK with 53 percent and Balochistan with 41 percent.

Islamabad High Court Overturns Axact CEO's Acquittal

Recently, Shoaib Sheikh and other officials from Axact were acquitted by a session's court over the fake degree case. The development took many people by surprise and even the Islamabad High Court took notice of the case. Later on, it came to light that the judge who issued orders to free Shoaib Sheikh and others took a bribe to rule in favor of Axact. The judge admitted to the wrongdoing and was sacked for receiving Rs 5 million in bribe.



By: Abd-ur-Rehman



Gemini & Taurus

Strengths: Affectionate, curious, adaptable, ability to learn

quickly and exchange ideas

Weaknesses: Nervous, inconsistent, and indecisive

Likes: Music, books, magazines, chats with nearly anyone, and

short trips around the town

Dislikes: Being alone, being confined, repetition and routine

emini is characterized by the Twins, Castor and Pollex, and is known for having two different sides they can display to the world. Expert communicators, Gemini is the chameleon of the Zodiac, adept at blending into different groups based on the vibe and energy they perceive. While they're also amazing at showcasing surface traits, the Gemini well runs deep; this is why the Twins are one of the Zodiac's most emotionally intelligent signs. Taurus is the anchor of the Zodiac. Amazing friends, colleagues, and partners, Tureens value honesty above all else and are proud that their personal relationships tend to be drama free. Bulls get the reputation of being stubborn, but they're not always stuck in their ways. This searching sign is willing to see another point of view, but they won't flip-flop on an opinion just to make someone else happy. They will shift their thinking only if they truly have a change of heart.

Greatest Gifts to Gemini & Taurus

Equipped with almost uncanny emotional intelligence, Gemini can easily read a room and know exactly what other people want to hear from them. They can easily shift their personality depending on mood, going from Friday night life of the party. Energetic and passionate, Gemini can breathe new life into a same-old routine and excite other people simply by their all-in presence. Taurus sets a goal, it will get done despite any obstacles that may come up. While becoming friends with a Taurus can be tough since they're so particular about whom they want in their social circle, once you're in, you're in for life.



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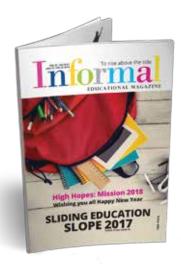
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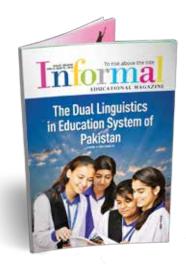
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5

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GADGETS By: Abd-ur-Rehman

ROBOTIC GADGETS FOR YOUR HOME & GARDEN



iRobot Roomba 650 is basically a vacuum cleaner whose works is to clean the mess of your house at your own comfort zone. This is especially a very easy home cleaning robotic gadget, which can be operated through the help of a push button system. This robotic vacuum cleaner generally works in three daily problematic factors. One is if there is dust in your house, second if you have to deal with the unwanted hair scattering of your pets all over your house, third if there is any leftover cereal in your kitchen. This product really seems useful practically for those who are really very busy in their daily life.



iRobot Braava 380t is especially a mopping robot whose works is to mop the floor of your home in behalf of you. This is a super-fast and an efficient mopping gadget which mop your entire floor very easily and quickly. It works as a wonder for your floor in mopping out all your home dirt, all the unwanted hair, as well as the dust off your home in just a magical movement. A microfiber disposable cloth is provided for the mopping of the floor of your house. This is really a very helpful gadget for any home.



WORX Landroid WG794 is specially designed for cleaning up your home garden. This is basically a gadget to clean up the mowing of your garden on a daily basis. By this super helpful gadget, you can keep your garden beautiful and attractive to others. That means from now onwards you can keep your lawn trimmed and clean from mowing throughout the week. Due to its low noise operation system, you can use it even on the night.

Dolphin 99996323 Nautilus Robotic Pool Cleaner

Dolphin 99996323 Nautilus is especially for cleaning up your home pool surfaces. In many times, it is found that lots of garbage's get accumulated on the bottom of the pools, which needs to be cleaned for the purpose of maintaining the quality and hygiene of the pool water. The work of the pool cleaner is to clean up the surface of the pool by just scrubbing, vacuuming and by doing filtering. And believe me or not it takes just 3 hours to complete the whole job of cleaning. The cartridge of the gadget is very easy to clean.



Litter Robot LRII Automatic Self-Cleaning Litter Box

The name of this product is Litter Robot LRII. This automatic self-cleaning box really works wonder in cleaning the litter of your cats. It really works in a fantastic way. 7 minutes after your cat's littering is done, it starts rotating slowly in a counterclockwise way. And as a result, the waste gets deposited in a kitchen garbage bag. And again after cleaning the litter box, the globe returns to its home position and keep itself ready for the next use.



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